

E. Swimming Pool Rules and Regulations

The following rules and regulations are posted on the Pool House bulletin board and distributed to all Lincolnshire Civic Association members on an annual basis. The Lincolnshire Swimming Pool is a shared community resource that is funded by the residents of the Lincolnshire Housing Development. These rules are maintained on the honor system. An honor system relies on trust and honesty within a community, where individuals are expected to uphold rules and ethical principles without constant supervision. These rules exist for everyone's safety and enjoyment.

POOL ACCESS: The pool may only be accessed through the front door of the Pool House using a blue FOB. Please be sure the door securely shuts behind you.

All Lincolnshire Homeowners/Residents have a vested interest in swimmer safety and the proper operation and upkeep of the pool and pool house - it is a community resource. Please be a conscientious steward of your resource and clean up after yourself and kindly remind one another of the rules as needed.

Please watch your kids, guests, and other swimmers - not your cellphone. We must look out for one another! State regulations require 2 (two) adults to be present when the pool is in use, with at least one adult on the pool deck. No Solo Swimming.

Members of the Lincolnshire Civic Association shall help maintain compliance of these rules by kindly and politely reminding other patrons if a violation is observed. Continual disregard for Pool Rules and Regulations may be brought before the board and may result in the suspension of swimming privileges. Please be courteous and considerate.

Alcoholic beverages and all intoxicants are prohibited on Pool grounds. This is a nonsmoking facility. Smoking/vaping/e-cigarettes are permitted in the parking area only. Do not enter the pool area if you are intoxicated.

1) **WHEN ON DUTY, THE LIFEGUARD IS IN CHARGE:** Please do what the Lifeguard says. **If you disagree with something that the Lifeguard has said or done, please discuss the matter with the Association's Vice President or President.** If these officers of the Board are not available, speak to any other Board Member (names are posted on the Pool House bulletin board). **WHEN THE LIFEGUARD IS OFF DUTY, SUPERVISING ADULTS ARE IN CHARGE.**

2) **EMERGENCY SIGNAL:** The air-horn will be tested daily (each morning) with only a single blast. If you hear **multiple blasts** from the warning air-horn, this is a **signal that there is an emergency and the Lifeguard needs help.** Please come quickly.

3) PROHIBITED ITEMS:

- a) Firearms, knives or weapons of any kind
- b) Coolers, glass containers, alcoholic drinks, drinks containing dye. Plastic bottles of clear water are permitted.
- c) Food, gum, and tobacco products
- d) Large inner tubes, rafts, and air mattresses
- e) Street clothes and soiled swim wear are not allowed in the water
- f) Whistles (the only whistle permitted is the Lifeguard's)
- g) Radio, tape, CD players in the Pool, Deck or Tennis Area
 - i) Exception: Battery-operated, Walkman-type radios/tapes/CDs are permitted.
- h) Pets/animals
- i) Any object the Lifeguard deems unsafe or annoying to others.

4) REGULATED OBJECTS:

- a) Face masks goggles, life jackets, & balls may be used at the discretion of the Lifeguard or Supervising Adult.

5) PROHIBITED BEHAVIOR:

- a) Drunk and/or disorderly behavior
- b) Horseplay and behavior unsafe or annoying to others – always respect others
- c) Spitting, urinating, discharge of fecal matter, nose blowing in the pool, or contaminating the pool in any other manner.
- d) Vulgar language, bullying, body shaming, harrassment, name calling
- e) Littering.
- f) Running -this will be strictly enforced.
- g) Throwing hard objects, including objects/toys into the pool for retrieval, as these could puncture the pool membrane, creating a leak.
- h) Jumping or diving backwards off the deck.
- i) Diving into the shallow end of the Pool
- j) Diving off the Pool ladder.
- k) Diving in such a way as to be hazardous to those in the Pool.
- l) Any activity causing a nuisance.
- m) Distracting the Lifeguard.
- n) Swimming or breaking into the Pool area outside the authorized hours. **This is dangerous and can lead to criminal charges of breaking and entering.**

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6) HEALTH PRACTICES:

- a) Persons with a contagious disease or rash shall not swim in the pool.
- b) Bathing caps will not be required unless congestion in the filter occurs.
- c) Bathers prone to epileptic (or other type) seizures must have a swim buddy, and report their condition to the Lifeguard on duty prior to entering the water.
- d) Children wearing disposable diapers shall not swim in the pool. Specially designed swim diapers are allowed

7) LIFEGUARD REST PERIODS: The Lifeguard will occasionally call a rest period. When this occurs, all swimmers will immediately leave the water. Swimming will resume at the Lifeguard's signal.

8) INJURIES: Report all injuries to the Lifeguard or the Supervising Adult immediately.

9) GUESTS:

- a) Personal guests are welcome but must be accompanied by a member of the host family, and signed in on the guest log.
- b) It is recommended that casual guests not be invited to use the Pool if crowded conditions exist.
- c) Groups other than family groups shall not be allowed to use the Pool unless approved by the Board.

10) POOL HOURS (2025):

- a) The Pool will be open 7 days a week, from 10 AM to 8 PM. Hours may be revised later in the season. **Lifeguards will typically be present from Noon to 8 PM on Sat/Sun and 4 to 8 PM on weekdays.**
- b) Adult Swim Hour: 5:00 PM to 6:00 PM.
- c) The Pool swim season typically begins on the 3rd Saturday in June and ends on Labor Day. However, the Board may choose different opening and close dates. These dates will be confirmed in a newsletter to all association members.
- d) Certain environmental and weather conditions may warrant temporary closing. These conditions include: unsanitary water conditions, inadequate chlorine residual or adverse weather.

11) ELIGIBLE SWIMMERS: WITH LIFEGUARD ON DUTY

- a) A child under 4 feet 5 inches tall ***must be accompanied by a responsible adult***, unless the child has passed the swimming test or is at least 12 years of age.
- b) The swimming test given by the Lifeguard will consist of:
 - Start in the deep end, swim the length of the pool and back, using an approved Red Cross stroke. Then tread water for one minute with no rest between swimming and treading.
- c) The lifeguard will retain documentation in the pool house for children who have passed the test for the current season
- d) **WHEN LIFEGUARD IS OFF DUTY**, anyone under the age of 18 must be accompanied by an adult. Adult children of parents living in Lincolnshire may use the pool with their children, using their parents FOB.

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12) PARKING: Those able to walk to the pool are asked to do so to minimize the number of cars parking at the pool. Those needing parking are to pull onto the pool property driveway and park on the grass, (off the street), bumper toward the fence to the left of the pool house.

13) POOL/BATHER CAPACITY:

a) Maximum capacity in the water cannot exceed 65 swimmers or 75 people in the total Pool area. The Pool “area” includes the Pool, Pool Deck, and Pool House.

14) VIOLATIONS:

a) For the safety of all swimmers, disruptive behavior in the Pool area or continual disregard for Pool Rules and Regulations will not be tolerated. Any violations of the above rules and regulations should be brought to the attention of the Vice-President.

b) Continued disruption, after being warned, will result in suspending a bather’s swimming privileges for the day. Continued disregard for the rules and regulations can warrant the forfeiture of Pool privileges for a specified period, as determined by the Board of Directors.

15) OTHER:

a) Situations not covered herein will be handled at the discretion of the Vice-President, the President, and/or the Board depending on the situation. All such incidences will be reported to the Board to determine whether or not the pool rules and regulations should be revised.