

Lincolnshire Civic Association (LCA) Pool Safety Plan

Facility:

Lincolnshire Civic Association Pool
6 Londonderry Lane (in Lincolnshire Subdivision)
County of Tioga, Town of Owego
State of New York
(Zip Code: 13827)

Safety Plan Content

A. Organization and Management

- Chain of Command.....2
- Job Duties and Descriptions.....2

B. Injury Prevention

- Daily Inspection by the Lifeguard.....2
- Daily and Weekly Inspection by Pool Maintenance Personnel.....4
- Rules and Regulations4
- Diving Safety.....4
- Deck Slides4
- Weather / Water Quality4
- Bather Capacity4
- Supervision5
- Chemical Storage and Handling.....5

C. Emergency Plan

- Lifeguard Responsibilities6
- Location of Lifesaving Equipment6
- LCA Vice-President's and President's Responsibilities.....7
- Emergency Chain of Command Flow Chart.....8
- Emergency Phone Numbers8
- Accident Report Form9

D. General Maintenance Responsibilities10

E. Swimming Pool Rules & Regulations12

Lincolnshire Civic Association (LCA) Pool Safety Plan

A. Organization and Management

The Lincolnshire Civic Association is a non-profit association comprised of 69 residential homes located in the Lincolnshire Subdivision of Owego, New York. Annual elections are conducted to select Board members for a 2-year term. The Board's Primary focus is management of the neighborhood pool, pool house and pool yard. This includes pool opening, closing, safety, maintenance and developing and managing an annual pool operating budget approved by association members. The President of the Board chairs periodic meetings throughout the year to facilitate these activities. The Board also publishes periodic newsletters to keep the neighborhood informed. The Vice President of the Board is responsible for hiring and managing qualified Lifeguards and assuring they are familiar with their responsibilities. The Pool Manager, which is a paid position appointed by the Board, oversees maintenance of the pool and pool house. Lifeguards are hired to supervise swimmers and assist with maintenance duties. **The pool is open 70 hrs./week and Lifeguards are present about 36 hrs/week or less.**

The following chain of command applies to pool safety:

1. **Chain of Command:**

- A. When on duty, the Lifeguard is in charge of all activity inside the pool house building, in the pool deck area, and inside the pool. If no lifeguard is on duty, the Board of Directors assumes these responsibilities.
- B. The Lifeguard takes direction from the Vice President of the Lincolnshire Civic Association (LCA), as directed by the President of the LCA Board of Directors and Board majority.
- C. The Pool Manager takes direction from the President of the Board or their designated representative and directs the Pool Maintenance Assistant.

2. **General Job Duties and Descriptions:**

See Section D. of this Plan for General/Maintenance responsibilities of the following:

- A. Lifeguards
- B. Pool Manager
- C. Pool Maintenance Assistant – If this position is not filled, the Pool Manager will assume the responsibilities of the Pool Maintenance Assistant.

B. Injury Prevention

1) **Daily Inspection by the Lifeguard**

- a) The Lifeguard shall perform a daily routine safety inspection before and after every shift.
 - i) A new lifeguard replacing another lifeguard shall also perform a routine safety inspection. In the case of one lifeguard replacing another, the old lifeguard shall stay on duty while the new lifeguard is making the routine safety inspection. These routine inspections shall consist of a walk-through of the Pool House and around the Pool Deck.
 - ii) Lifeguards shall look for objects such as glass, rocks, cans or any sharp object or anything lying on the deck or in the pool, which could cut or otherwise harm a swimmer. Lifeguards shall also look for anything lying on the floor or elsewhere, which could trip a person or could fall on a person.

B. Injury Prevention Continued

- b) The Lifeguard shall** determine that the water is clear enough to see the Pool Drain at the start of each swimming session. **No one shall be allowed to use the Pool if the water is not sufficiently clear.**
- c) The Lifeguard shall** perform and record a Chlorine test at the start of each shift.
 - i) **The Lifeguard shall not** take any action relative to Chlorine, Acid or Acid Pumping other than informing the Pool Maintenance Manager, the Pool Maintenance Assistant, or the Vice President of serious water problems.
 - ii) Except for maintaining the water level, the Lifeguard shall not enter the Pool House Basement unless accompanied by a maintenance person or Board Member. The door to the Pool House Basement shall be kept locked when no one is working inside of it. Those who unlock this door shall be responsible for locking it as soon as they leave the basement.
- d) The Lifeguard shall** inspect the following list of safety equipment daily at the beginning of their shift. The Lifeguard shall note any equipment problem that cannot be properly remedied immediately by the Lifeguard on the maintenance log for attention by the Pool Manager. The Lifeguard will immediately inform the Pool Maintenance Manager or the Pool Maintenance Assistant about these equipment problems (by telephone or telephone message).
 - i) First Aid Kit – Inside Pool House on shelf
 - ii) Backboard – On top of shelves inside Pool House
 - iii) Rescue Tube – on Lifeguard Chair
 - iv) Shepherd's Crook (life pole) – hanging on the fence
 - v) Ring Buoy – on the fence across the pool from the Lifeguard chair
 - vi) Warning Air Horn – at the Lifeguard chair
 - vii) Ladder and Handrail for looseness
 - viii) Emergency Flash Light
- e) The Lifeguard shall** wear a police-type whistle at all times and shall use it as needed to gain attention.
- f) The Lifeguard shall** test the warning horn with one brief pulse in the morning before the pool is opened.
 - i) The Board shall inform neighbors by newsletter that multiple blasts from the warning horn are a call for help at the pool. And, that anyone able to do so should quickly come to the pool and learn what aid the Lifeguard needs. The Board shall also inform neighbors by newsletter that the warning horn will be tested with one blast daily prior to pool opening.

B. Injury Prevention Continued

2) Daily & Weekly Inspections by the Pool Maintenance Personnel

- a) **The Pool Manager or Pool Maintenance Assistant** shall test the pool water each day, in the morning, for pH and Chlorine.
- b) **The Pool Manager or Pool Maintenance Assistant** shall add acid as needed by operating the Acid Pump. **The Pool Manager or Pool Maintenance Assistant** shall check the level of the Acid Pump once a week. This drum will be full strength (33% Muriatic) acid. No water will be used to dilute the acid. **The Pool Manager or Pool Maintenance Assistant** shall increase or decrease the Chlorine Pump Feeder setting if the Chlorine test is not within limits. Note: this level shall not be less than 0.6 PPM, or more than 5.0 PPM, as stated by the State Sanitary Code.

3) Rules and Regulations

- a) See Pages 12 through 15 of this Plan for "Swimming Pool Rules". The Board shall distribute these Rules and Regulations to all Lincolnshire residents before the start of each swimming season and post them on the Pool House Bulletin Board. The Pool Rules are also on the homepage of the Lincolnshire website: www.lincolnshierca.org

4) Diving Safety

- a) Diving into the pool is permitted only on the deep side of the pool stripe. Diving from the ladder is not permitted.

5) Deck Slides

- a) This is not applicable; the Lincolnshire Pool is not equipped with a slide.

6) Weather / Water Quality

- a) The Lifeguard shall clear the Pool and Pool Deck area at the first sign of a thunderstorm. The Lifeguard shall insure these areas remain clear after at least 30 minutes without any thunder or lightning.
- b) If there is no lifeguards on duty, Swimmers, or Supervising Adults or the Pool Manager shall clear the Pool and Pool Deck area of swimmers at the first sign of a thunderstorm. They shall insure these areas remain clear after at least 30 minutes without any thunder or lightning.
- c) The Lifeguard or Pool Manager shall determine that the water is clear enough to see the Pool drain at the start of each swimming session. No one shall be allowed to use the Pool if the water is not sufficiently clear. Water chemical tests shall be performed and recorded by the Lifeguard.

7) Bather Capacity

- a) Maximum capacity in the water will be a judgment by the Lifeguard but shall not exceed 65 persons. Maximum capacity in the pool area is 75 persons. These capacities are determined by regulations for pools constructed prior to March 1988 and are based on 25 square feet of pool surface area for each bather. The Lifeguard shall turn away bathers exceeding this limit and has the authority to turn away bathers under this capacity if deemed unmanageable.

B. Injury Prevention Continued

8) Supervision when LIFEGUARD IS ON DUTY:

- a) The **Lifeguard is in charge** of all activity inside the pool house and inside the pool and deck area. **The lifeguard shall** continuously select the optimum location to maintain full observation of all swimmers. For example, if the only swimmers in the pool are small children in the shallow end, **the lifeguard shall** move his/her observation point to the shallow end. Further the **lifeguard shall** maintain focus on **all** swimmers in the pool and deck area **all** times. The **lifeguard shall not** engage in passive conversation that detracts from a focus on all swimmers in the pool and deck area.
- b) Children under the age of 12 (twelve) or under 4 feet 5 inches in height must be accompanied by a responsible adult unless the child has passed a swimming test administered by a Lincolnshire Pool Lifeguard.
 - i) Red Cross swim badges, patches or certificates **shall not** be accepted as proof of a swimmer's ability.
 - ii) The swimming tests consists of the following: Start in the deep end, swim the length of the pool and back, using an approved Red Cross stroke. Then tread water for one minute with no rest between swimming and treading.

9) Supervision when LIFEGUARD IS NOT ON DUTY:

- a) Parents, and/or Supervising Adults are responsible for their children and/or guest activity inside the pool house and inside the pool and deck area at all times and shall maintain full observation of them. When small children are in the shallow end of the pool, adults monitoring swimmers are to monitor from a point at the shallow end. They shall maintain focus on all swimmers in the pool and deck area **all** times. Avoid engaging in passive conversation or scrolling communication devices that detract from a focus on all swimmers in the pool and deck area.
- b) Two or more adults (18 years or older) must be present at the pool when the pool is in use, with at least one adult on the pool deck. **NO SOLO SWIMMING.**
- c) Children under the age of 18 must be accompanied by a responsible adult swimmer.

10) Chemical Storage and Handling

- a) Only personnel as assigned by the Board shall handle chemicals.
- b) All Acid and Chlorine chemicals used for Pool water treatment shall be immediately stored in the Pool House Basement. No one except the Maintenance personnel assigned by the Board, or Board members, shall enter the Pool House Basement.
- c) The Pool House Basement shall be kept locked at all times with the exception of those times authorized people are inside the basement. Those who unlock this door shall be responsible for locking it as soon as they leave the basement.

C. Emergency Plan

Pages 6, 7 and 8 of the Lincolnshire Civic Association Pool Safety Plan shall be prominently posted on the Pool House Bulletin Board.

1) Lifeguard Responsibilities

- a) The Lifeguard is in charge of all activity inside the Pool, the Pool Deck and the Pool House and will exercise this authority to ensure the safety of all present
- b) The Lifeguard will take immediate and appropriate emergency action when required. This action should be based on the education received during Lifeguard training and certification (i.e., evacuation of the pool when a bather is reported missing).
- c) The Lifeguard will request emergency help using the emergency phone to call 911, and by signaling for neighborhood assistance with multiple blasts on the warning horn when able to leave the victim to do so.
- d) The Lifeguard will maintain control of the Pool, clearing the area if necessary.
- e) The Lifeguard will inform parents/guardians, spouses, and the Board as soon as possible after an emergency. (A neighborhood telephone directory is posted near the telephone).
- f) The Lifeguard will fill out an Accident Report Form and submit it to the Vice-President or in the Vice-President's absence, another member of the Board as soon as possible after an accident.
- g) Lifeguards receive direction from, and are accountable to, the Vice-President of the Board.
- h) Lifeguards are familiar with pool rules and regulations and review them regularly.
- i) Lifeguards are prohibited from talking on their cell phone only use the emergency cell phone to place an emergency call (emergency cell phone is only equipped for dialing 911); no falling asleep while on duty, no reading books while people are in the swimming pool. You may read a book if there is **no one** in the pool. No swimming while people are in the pool. No talking with your friends while you are on duty. No playing cards.

2) Location of Lifesaving Equipment and Supplies

Lifesaving Equipment & Supplies	Location
First Aid Kit	Inside Pool House on shelf
Backboard	On top of shelves inside Pool House
Rescue Tube	On Lifeguard Chair
Shepherd's Crook (Life Pole)	Hanging on the Fence
Ring Buoy	Hanging on Fence
Warning Air Horn	On Lifeguard Chair

C. Emergency Plan Continued

3) Vice-President of the Board Responsibilities.

- a) The Vice-President of the Lincolnshire Civic Association is responsible for hiring qualified Lifeguards, training all Lifeguards in the rules set forth in this Safety Plan, and managing the Lifeguards throughout the swimming season.
- b) Accident Report forms will be kept by the Vice-President of the Board as entries into an "Incident Log Book".
- c) The Vice-President of the Board will report all incidents involving death, resuscitation, referrals to the hospital, and illnesses associated with water quality to the Tioga County Department of Environmental Health and to the President of the Lincolnshire Civic Association, as soon as possible after each incident.
- d) The Vice-President of the Board will check the First Aid Kit, located inside the Pool House at the beginning of each swimming season to assure that it contains adequate supplies - band aids, bandage compresses, self-adhering gauze bandages, latex gloves, CPR mask - and is to replenish as necessary. Also check for backboard (on top of shelves in Pool House).
- e) The Vice-President provides required communications and direction to Lifeguards. This includes Lifeguard requests for schedule changes, clarification of rules and responsibilities, and the like.
- f) The Vice President will assign a backup Board member to enact the above duties in times of his/her unavailability.

4) President of the Board Responsibilities

- a) The President will initiate the review and update of the Safety Plan each year prior to pool opening and ensure that the Inspector from the Tioga County Department of Environmental Health has received the Plan two weeks prior to the annual Inspection.
- b) Prior to the pool opening, the President of the Board will direct the publishing of a newsletter to all Lincolnshire Civic Association members. This newsletter will contain Section "E" of this Safety Plan, "Swimming Pool Rules and Regulations" and a reminder about the need for the neighborhood to respond immediately to multiple emergency horn blasts.
- c) The President will also insure that the latest version of the Pool Safety Plan, as well as Section E, called "Pool Rules," is available on the home page of the LCA website: www.lincolnshireca.org
- d) Upon being notified of an incident by the Vice-President, the President will quickly call an emergency meeting of the Board to discuss how the incident might have been prevented and, if warranted, update the Safety Plan.

C. Emergency Plan Continued

5) Chain of Command Flow Chart for Emergency Situations

In an emergency situation, the Lifeguard shall follow the procedure below. If the emergency is a life/death situation, assisting the victim comes before all else and others at the pool should be instructed by the Lifeguard to carry out the process below. If no one else is at the pool, the Lifeguard is to use the good judgement he/she acquired in Safety Training & Certification. **When no lifeguard is On Duty, the process must be followed by the Supervising Adult.**

1 → Call Emergency Squad (911) or Sheriff's Department (687-1010)

Pool Address: 6 Londonderry Lane in the Lincolnshire Subdivision off Bodle Hill Road, Owego, NY. (From 17C, turn left on Day Hollow Road at Visions Credit Union. Travel 1.4 miles, turn left onto Bodle Hill Road, travel 0.7 miles; turn right onto Lincolnshire Boulevard; turn; turn left onto Londonderry Lane).

2 → Retrieve Warning Air Horn from Lifeguard Chair & produce MULTIPLE BLASTS for immediate neighborhood assistance.

3 → Notify the following Board members, in order shown until one is reached:

Gruszka, Mike	607-687-5584	President – 3 Londonderry Lane
Gruszka, Darith	607-687-5584	Vice President – 3 Londonderry Lane
Parks, Terry	540-871-5849	Secretary – 1 Queenswood Blvd
Lewis, Lori	607-759-2894	Treasurer – 12 Londonderry Lane
Eno, Jeremy	607-743-2202	716 Ivory Foster Rd
Kallin, Chris	607-429-9778	16 Manchester Blvd
Cornell, Cody	607-743-2099	2 Lincolnshire Blvd
Vlasak, Angie	607-759-2894	13 Londonderry Lane
Brock, Thomas	607-351-6586	12 Manchester Blvd

4 → Contact (or have someone on the scene contact) the Parent/Guardian or Spouse of the Emergency Victim ASAP. (See neighborhood phone directory posted near phone).

5 → Fill out Pool Accident Report Form and Submit to the Vice President (President or other Board member if the Vice President is unavailable). (Note: The Vice-President will report the incident to the Tioga County Department of Environmental Health (687-8620). In cases where the incident is not minor, also notify the President who will call a meeting of the Board to discuss how the incident might have been prevented and, if warranted, update the Safety Plan.

Lincolnshire Civic Association Pool Accident Report

Accident Date _____ Accident Time _____ () a.m.
Month Day Year () p.m.

WHO WAS INJURED?: () Child () Teenager () Adult

NAME OF INJURED PERSON: _____

ADDRESS: _____ PHONE: _____

NAME/PHONE # OF LIFEGUARD ON DUTY: _____

WHERE DID THE INJURY HAPPEN? (check one):

() In the Pool () On the Pool Deck () In the Pool House

() Other (describe): _____

WHAT HAPPENED? (include type of injury & procedure you followed from onset of injury. Also include any insight You or witnesses may have on how this accident could have been prevented):

(Use back of form, if additional space is needed)

WHAT FIRST AID WAS PROVIDED? _____

WHO PROVIDED THE FIRST AID? _____

WHO SAW THE ACCIDENT HAPPEN? _____

AT WHAT TIME WERE PARENTS / FAMILY INFORMED? _____ () p.m. () am

The following items were used from the First Aid Kit and need to be replaced:

This form was filled out by: _____

On _____ at _____
Month Day Year Time

Note 1: Lifeguard to submit this form ASAP to the Vice President of the Board; (if unavailable to the President or to another Board Member; these names are posted on the Pool House Bulletin Board).

Note 2: Vice President to file copy of this form in the "Incident Log Book" and notify the Tioga County Department of Environmental Health, Main Street, Owego, New York (687-8620).

Note 3: If appropriate, the President is to call a Board Meeting to discuss how the accident might have been prevented.

D. General Maintenance Responsibilities

1) Lifeguard Responsibilities

AT START OF DAY:

- ☐ Safety inspection as detailed in Pool Safety Plan
- ☐ Empty Skimmers
- ☐ Replenish Bathroom paper and empty trash cans, if needed.
- ☐ Log Chlorine and pH Levels

NOTE: If Chlorine is less than 0.6 PPM, or more than 5.0 PPM, call the Pool Manager or the Pool Maintenance Assistant. **Do not add Chemicals to pool. Life Guards are not authorized to handle chemicals or adjust pool with chemicals in any way.**

AT END OF DAY:

- ☐ Mop up any water in main room and bathroom
- ☐ Lock windows and both doors, Pull/Push doors to make sure locks “catch”.
(Fence ---gate should be locked at all times.)
- ☐ Place the AIR HORN inside the house
- ☐ Place the LIFEGUARD TUBE on the house rack
- ☐ Turn off all lights with exception of outdoor solar lights

THROUGHOUT THE DAY, AS FREE TIME IS AVAILABLE

- ☐ Skim Pool
- ☐ Sweep outside and inside
- ☐ Maintain water level at skimmers
- ☐ Pick up trash, change trash bag
- ☐ Hose down deck
- ☐ Maintain Sign-In Book
- ☐ Maintain information on children who have passed swimming test

2) Pool Maintenance Assistant Responsibilities

AS NEEDED

- ☐ In response to notification from lifeguard, Adjust the Chlorine pump
- ☐ Adjust Pool water heater
- ☐ Add water to pool

TWICE PER WEEK (i.e., Wednesday and Saturday mornings)

- ☐ Brush pool walls and floor
- ☐ Clean “bath tub ring” on tile with half-strength bleach

Lincolnshire Civic Association (LCA) Pool Safety Plan

ONCE PER WEEK (i.e., Wednesday morning)

- ___ Spread dilute bleach solution on deck
 - Note: This must be completed at least one hour before the pool opens
- ___ Clean toilets and sinks
- ___ Clean Windows
- ___ Mop main floor and bathroom floors with dilute bleach solution
- ___ Put trash out to curb on Monday night.

ONCE PER WEEK (e.g. Saturday morning)

- ___ Vacuum Pool including Backwash of filters
 - Note: 2-hour task; do right after brushing pool walls & floor & if necessary after midweek brushing

3) Pool Maintenance Assistant Responsibilities Extended

- ___ Maintain chlorine and pH levels, water level and water temperature
 - Note: Chlorine at 0.6 PPM min. to 5.0 max., and pH at 7.2 to 7.8 (7.5 ideal)
- ___ Clean Hair Basket twice a week
- ___ Bleed air from filters
- ___ Keep safety capped bleach jug & bucket in Pool House (for cleaning)
- ___ Purchase chemicals, paper supplies, cleaners, etc.
- ___ Keep Pool House Basement picked up
- ___ Inspect Pool Daily

E. Swimming Pool Rules and Regulations

The following rules and regulations are posted on the Pool House bulletin board and distributed to all Lincolnshire Civic Association members on an annual basis. The Lincolnshire Swimming Pool is a shared community resource that is funded by the residents of the Lincolnshire Housing Development. These rules are maintained on the honor system. An honor system relies on trust and honesty within a community, where individuals are expected to uphold rules and ethical principles without constant supervision. These rules exist for everyone's safety and enjoyment.

POOL ACCESS: The pool may only be accessed through the front door of the Pool House using a blue FOB. Please be sure the door securely shuts behind you.

All Lincolnshire Homeowners/Residents have a vested interest in swimmer safety and the proper operation and upkeep of the pool and pool house - it is a community resource. Please be a conscientious steward of your resource and clean up after yourself and kindly remind one another of the rules as needed.

Please watch your kids, guests, and other swimmers - not your cellphone. We must look out for one another! State regulations require 2 (two) adults to be present when the pool is in use, with at least one adult on the pool deck. No Solo Swimming.

Members of the Lincolnshire Civic Association shall help maintain compliance of these rules by kindly and politely reminding other patrons if a violation is observed. Continual disregard for Pool Rules and Regulations may be brought before the board and may result in the suspension of swimming privileges. Please be courteous and considerate.

Alcoholic beverages and all intoxicants are prohibited on Pool grounds. This is a nonsmoking facility. Smoking/vaping/e-cigarettes are permitted in the parking area only. Do not enter the pool area if you are intoxicated.

1) **WHEN ON DUTY, THE LIFEGUARD IS IN CHARGE:** Please do what the Lifeguard says. **If you disagree with something that the Lifeguard has said or done, please discuss the matter with the Association's Vice President or President.** If these officers of the Board are not available, speak to any other Board Member (names are posted on the Pool House bulletin board). **WHEN THE LIFEGUARD IS OFF DUTY, SUPERVISING ADULTS ARE IN CHARGE.**

2) **EMERGENCY SIGNAL:** The air-horn will be tested daily (each morning) with only a single blast. If you hear **multiple blasts** from the warning air-horn, this is a **signal that there is an emergency and the Lifeguard needs help.** Please come quickly.

3) PROHIBITED ITEMS:

- a) Firearms, knives or weapons of any kind
- b) Coolers, glass containers, alcoholic drinks, drinks containing dye. Plastic bottles of clear water are permitted.
- c) Food, gum, and tobacco products
- d) Large inner tubes, rafts, and air mattresses
- e) Street clothes and soiled swim wear are not allowed in the water
- f) Whistles (the only whistle permitted is the Lifeguard's)
- g) Radio, tape, CD players in the Pool, Deck or Tennis Area
 - i) Exception: Battery-operated, Walkman-type radios/tapes/CDs are permitted.
- h) Pets/animals
- i) Any object the Lifeguard deems unsafe or annoying to others.

4) REGULATED OBJECTS:

- a) Face masks goggles, life jackets, & balls may be used at the discretion of the Lifeguard or Supervising Adult.

5) PROHIBITED BEHAVIOR:

- a) Drunk and/or disorderly behavior
- b) Horseplay and behavior unsafe or annoying to others – always respect others
- c) Spitting, urinating, discharge of fecal matter, nose blowing in the pool, or contaminating the pool in any other manner.
- d) Vulgar language, bullying, body shaming, harrassment, name calling
- e) Littering.
- f) Running -this will be strictly enforced.
- g) Throwing hard objects, including objects/toys into the pool for retrieval, as these could puncture the pool membrane, creating a leak.
- h) Jumping or diving backwards off the deck.
- i) Diving into the shallow end of the Pool
- j) Diving off the Pool ladder.
- k) Diving in such a way as to be hazardous to those in the Pool.
- l) Any activity causing a nuisance.
- m) Distracting the Lifeguard.
- n) Swimming or breaking into the Pool area outside the authorized hours. **This is dangerous and can lead to criminal charges of breaking and entering.**

E. Swimming Pool Rules and Regulations Continued

6) HEALTH PRACTICES:

- a) Persons with a contagious disease or rash shall not swim in the pool.
- b) Bathing caps will not be required unless congestion in the filter occurs.
- c) Bathers prone to epileptic (or other type) seizures must have a swim buddy, and report their condition to the Lifeguard on duty prior to entering the water.
- d) Children wearing disposable diapers shall not swim in the pool. Specially designed swim diapers are allowed

7) LIFEGUARD REST PERIODS: The Lifeguard will occasionally call a rest period. When this occurs, all swimmers will immediately leave the water. Swimming will resume at the Lifeguard's signal.

8) INJURIES: Report all injuries to the Lifeguard or the Supervising Adult immediately. .

9) GUESTS:

- a) Personal guests are welcome but must be accompanied by a member of the host family, and signed in on the guest log.
- b) It is recommended that casual guests not be invited to use the Pool if crowded conditions exist.
- c) Groups other than family groups shall not be allowed to use the Pool unless approved by the Board.

10) POOL HOURS (2025):

- a) The Pool will be open 7 days a week, from 10 AM to 8 PM. Hours may be revised later in the season. **Lifeguards will typically be present from Noon to 8 PM on Sat/Sun and 4 to 8 PM on weekdays.**
- b) Adult Swim Hour: 5:00 PM to 6:00 PM.
- c) The Pool swim season typically begins on the 3rd Saturday in June and ends on Labor Day. However, the Board may choose different opening and close dates. These dates will be confirmed in a newsletter to all association members.
- d) Certain environmental and weather conditions may warrant temporary closing. These conditions include: unsanitary water conditions, inadequate chlorine residual or adverse weather.

11) ELIGIBLE SWIMMERS: WITH LIFEGUARD ON DUTY

- a) A child under 4 feet 5 inches tall ***must be accompanied by a responsible adult***, unless the child has passed the swimming test or is at least 12 years of age.
- b) The swimming test given by the Lifeguard will consist of:
Start in the deep end, swim the length of the pool and back, using an approved Red Cross stroke. Then tread water for one minute with no rest between swimming and treading.
- c) The lifeguard will retain documentation in the pool house for children who have passed the test for the current season
- d) **WHEN LIFEGUARD IS OFF DUTY**, anyone under the age of 18 must be accompanied by an adult. Adult children of parents living in Lincolnshire may use the pool with their children, using their parents FOB.

E. Swimming Pool Rules and Regulations Continued

12) PARKING: Those able to walk to the pool are asked to do so to minimize the number of cars parking at the pool. Those needing parking are to pull onto the pool property driveway and park on the grass, (off the street), bumper toward the fence to the left of the pool house.

13) POOL/BATHER CAPACITY:

- a) Maximum capacity in the water cannot exceed 65 swimmers or 75 people in the total Pool area. The Pool “area” includes the Pool, Pool Deck, and Pool House.

14) VIOLATIONS:

- a) For the safety of all swimmers, disruptive behavior in the Pool area or continual disregard for Pool Rules and Regulations will not be tolerated. Any violations of the above rules and regulations should be brought to the attention of the Vice-President.
- b) Continued disruption, after being warned, will result in suspending a bather’s swimming privileges for the day. Continued disregard for the rules and regulations can warrant the forfeiture of Pool privileges for a specified period, as determined by the Board of Directors.

15) OTHER:

- a) Situations not covered herein will be handled at the discretion of the Vice-President, the President, and/or the Board depending on the situation. All such incidences will be reported to the Board to determine whether or not the pool rules and regulations should be revised.