

## **E. Swimming Pool Rules and Regulations**

The following rules and regulations are posted on the Pool House bulletin board and distributed to all Lincolnshire Civic Association members on an annual basis

- 1) THE LIFEGUARD IS IN CHARGE:** Please do what the Lifeguard says. **If you disagree with something that the Lifeguard has said or done, please discuss the matter with the Association's Vice President or President.** If these officers of the Board are not available, speak to any other Board Member (names are posted on the Pool House bulletin board).
- 2) EMERGENCY SIGNAL:** The air-horn will be tested daily (each morning) with only a single blast. If you hear **multiple blasts** from the warning air-horn, this is a **signal that there is an emergency and the Lifeguard needs help.** Please come quickly.
- 3) PROHIBITED OBJECTS:**
  - a) All glass containers
  - b) Food, drinks, gum, and alcoholic beverages
  - c) Large inner tubes, rafts, and air mattresses
  - d) Street clothes and soiled swim wear are not allowed in the water
  - e) Whistles (the only whistle permitted is the Lifeguard's)
  - f) Radio, tape, CD players in the Pool, Deck or Tennis Area
    - i) Exception: Battery-operated, Walkman-type radios/tapes/CDs are permitted.
    - ii) Note: Lifeguards shall remove their own walkman-type radios/tapes/CDs when anyone is in the Pool Area.
  - g) Animals
  - h) Any object the Lifeguard deems unsafe or annoying to others.
- 4) REGULATED OBJECTS:**
  - a) Face masks goggles, life jackets, & balls may be used at the discretion of the Lifeguard.
- 5) PROHIBITED BEHAVIOR:**
  - a) Horseplay which the Lifeguard deems to be unsafe or annoying to others.
  - b) Spitting, urinating, discharge of fecal matter, nose blowing in the pool, or contaminating the pool in any other manner.
  - c) Littering.
  - d) Running -this will be strictly enforced.
  - e) Throwing hard objects.
  - f) Jumping or diving backwards off the deck.
  - g) Diving into the Pool on the shallow side of the Pool stripe.
  - h) Diving off the Pool ladder.
  - i) Diving in such a way as to be hazardous to those in the Pool.
  - j) Any activity causing a nuisance.
  - k) Distracting the Lifeguard.
  - l) Swimming or breaking into the Pool area outside the authorized hours. **This is dangerous and can lead to criminal charges of breaking and entering.**

## ***E. Swimming Pool Rules and Regulations Continued***

### **6) HEALTH PRACTICES:**

- a) Persons with a contagious disease or rash shall not swim in the pool.
- b) Bathing caps will not be required unless congestion in the filter occurs.
- c) Bathers prone to epileptic (or other type) seizures must report their condition to the Lifeguard on duty prior to entering the water.
- d) Children wearing disposable diapers shall not swim in the pool. Specially designed swim diapers may be allowed at the discretion of the lifeguard.

### **7) REST PERIODS:**

- a) The Lifeguard will occasionally call a rest period. When this occurs, all swimmers will immediately leave the water. Swimming will resume at the Lifeguard's signal.

### **8) INJURIES:**

- a) Report all injuries to the Lifeguard immediately.

### **9) GUESTS:**

- a) Personal guests are welcome but must be accompanied by a member of the host family.
- b) Overnight guests may use the pool unaccompanied provided the host family informs a Lifeguard of the guest's status & the guest obeys the Pool rules stated herein.
- c) It is recommended that casual guests not be invited to use the Pool if crowded conditions exist.
- d) Groups other than family groups shall not be allowed to use the Pool unless approved by the Board.

### **10) POOL HOURS (2021):**

- a) The Pool will be open 8 hours a day, 7 days a week, from 12 Noon to 8:00 PM – Adult Swim Hour: 5:00 PM to 6:00 PM. Hours may be revised later in the season.
- b) The Pool swim season typically begins on the 3<sup>rd</sup> Saturday in June and ends on Labor Day. However, the Board may choose different opening and close dates. These dates will be confirmed in a newsletter to all association members.
- c) Certain environmental and weather conditions may warrant temporary closing. These conditions include: unsanitary water conditions, inadequate chlorine residual or adverse weather.

### **11) ELIGIBLE SWIMMERS:**

- a) A child under 4 feet 5 inches tall ***must be accompanied by a responsible adult***, unless the child has passed the swimming test or is at least 12 years of age.
- b) The swimming test given by the Lifeguard will consist of:
  - Start in the deep end, swim the length of the pool and back, using an approved Red Cross stroke. Then tread water for one minute with no rest between swimming and treading.
- c) The lifeguard will retain documentation in the pool house for children who have passed the test for the current season

## **E. Swimming Pool Rules and Regulations Continued**

### **12) PARKING:**

- a) For the safety of children crossing Londonderry Lane and Lincolnshire Boulevard to and from the Pool and Tennis areas, members should not to park cars on the Poolside of the street. Out of consideration for the residents living on Londonderry Lane and Lincolnshire Boulevard, please do not park on the opposite side of street. If you must drive (see note) park on the pool property, on the grass, and off the road. The designated parking area is to the left of the Pool House Door, bumpers towards the fence. Do not block other cars. Drive slowly and be cautious of walkers. **Note:** These parking privileges are for those who are unable (or find it difficult) to walk to the pool (the elderly, disabled/injured, or parents with infants/toddlers). Those who can walk to the pool are expected to continue to do so to minimize the number of cars at the pool.
- b) Please do not block the Pool House entrance. Bicycles, baby carriages, etc should be parked off to the side of the Pool House.

### **13) POOL/BATHER CAPACITY:**

- a) Maximum capacity in the water will be a judgement of the Lifeguard based on safety, but, by law, cannot exceed 65 swimmers or 75 people in the total Pool area. The Pool "area" includes the Pool, Pool Deck, and Pool House. The Lifeguard has the authority to turn swimmers away if capacity reaches maximum (or less than capacity if the number of bathers is considered unmanageable by the Lifeguard).

### **14) VIOLATIONS:**

- a) For the safety of all swimmers, disruptive behavior in the Pool area or continual disregard for Pool Rules and Regulations will not be tolerated. Any violations of the above rules and regulations should be brought to the attention of the Lifeguard.
- b) Continued disruption, after the Lifeguard has issued warning, warrants the Lifeguard suspending a bather's swimming privileges for the day. Continued disregard for the rules and regulations can warrant the forfeiture of Pool privileges for a specified period of time, as determined by the Board of Directors.

### **15) OTHER:**

- a) Situations not covered herein will be handled at the discretion of the Vice-President who supervises the Lifeguards, the President, and/or the Board (depending on the situation in question). All such incidences will be reported to the Board to determine whether or not the pool rules and regulations should be revised.